



"Friends of All"

Camp Takoda News



Camp Takoda is an intensive treatment program for children diagnosed with ADHD and related behavioral difficulties, as well as for some children diagnosed with high-functioning autism and Asperger's Syndrome.

At Camp Takoda we work to improve:

- Social Skills
- Compliance
- Sports Abilities
- Self-Esteem
- Classroom Behavior

Summer Camp Made "Friends of All"

This summer (2009) the University of Utah College of Social Work played a big part in helping to launch Camp Takoda (Sioux for "friends of all"), a summer treatment program (STP) for 8- to 12-year-old children with attention deficit hyperactivity disorder (ADHD).

"ADHD is the most common neuro-psychiatric disorder of childhood," said David Groot, camp director and a BSW faculty member. "The symptoms include hyperactivity, impulsivity, and inattention.

Children with ADHD often have difficulty with school, getting along with peers, and complying with adult rules and expectations." The camp was designed to support kids and families during the summer school holiday.

Three social work students served as counselors at the camp. Kirsta Olsen, a second-year master's student, was the lead counselor. Ms. Olsen led morning opening groups, taught swimming, and supervised the daily activities. As a counselor, Megan Pace, a senior

bachelor's student, led daily activities - such as kickball and soccer - and ran the daily intensive behavior modification program. Tifani Holloway, a senior bachelor's student, worked as a counselor and collected and analyzed daily behavioral data. "It was incredibly intense," said Ms. Holloway of the camp, "but the growth I saw in the kids made it truly worth the work and sacrifice."

Read more at www.uaafc.org

For more information about the camp, contact:

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Or visit our website at :

WWW.UAFC.ORG

A Fun Camp that Kids Love!

"Camp Takoda was transformational for our son," said the father of one of our campers. "He began with very low self-esteem and ended the seven-week period the happiest we have ever known him: full of self-confidence and calm. He learned how to play sports for the first

time in his life and had a tremendous amount of fun. It was, with little question, the most fulfilling and enduring experience of his life."



David Groot
Camp Director